

2020

CARELUMINA PRODUCT CATALOG



BELIEVE IN
YOURSELF

— THE BODY —

ACHIEVES

WHAT THE MIND

BELIEVES

CARELUMINA

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COLD-PRESSED JUICE REGIMEN

Physician Formulated Juice Regimen



This is not your ordinary juice cleanse!

Our cold-pressed juice regimens are formulated from raw, fresh, non-gmo produce and developed by a team of board certified physicians. Each serving provides your body with powerful antioxidants, enzymes, probiotics, vitamins and minerals. Our physicians designed 6 formulas to help support a healthy lifestyle and fill in the nutritional gaps in your diet.

Our juice is cold-pressed to ensure the best nutritional value and cold-pressed to ensure maximum safety allowing you to enjoy or juice up to 60 days; without harming any vitamins or enzymes in the process.

What's in our juice?

Our juice regimen contains over 18 different fruits & vegetables including super fruits. Each 12oz serving contains dense, nutrition packed 1.4 lbs of fresh fruits and vegetables cold-pressed to perfection. Select your 6, 12 or 24 bottle regimen and receive fresh, ready to drink cold-pressed juice at your doorstep within a few days. Due to utilization of Cold Pressure Processing our juice is safe for elderly and children. Happy Juicing!

1.4 pounds of fresh fruits & vegetables in every bottle!

ENTHUSIAST 1	
ENTHUSIAST 2	
ENTHUSIAST 3	
ENTHUSIAST 4	
ENTHUSIAST 5	
ENTHUSIAST 6	

Ingredients in our juices have been known to help:

- + Reduce blood pressure
- + Improve eye health
- + Reduce risk of stroke
- + Improve mental clarity & focus
- + Aid in digestion
- + Prevent age related macular degeneration
- + Reduce risk of some cancers
- + Improve blood sugar maintenance
- + Improve heart health
-
- + Reduce inflammation
-



60 Day Shelf Life



100% Vegan



No Fillers or Preservatives



Non GMO



Gluten Free

ONLY
100
calories



ONLY
110
calories



Ingredients



Kale

Kale is an excellent source of lutein and zeaxanthin. These have been shown to be potent antioxidants and are important for proper eye health, especially in the retina.



Lemon

Kale and lemon are rich sources of Vitamin C, which plays a key role in collagen formation.



Green Apple

Studies have identified associations between frequent apple consumption and reduced risk of chronic diseases such as cardiovascular disease (beneficial effects on lipid metabolism, vascular function and inflammation.)



Cucumber

Potassium in cucumbers is associated with lower blood pressure levels. A proper balance of potassium both inside and outside of your cells is crucial for proper bodily function.



Turmeric

The main compound in Turmeric (curcumin) contains important enzymes that mediate inflammatory processes.



Ginger

Ginger contains compounds (gingerols and shogaols) that account for the antioxidant, antiemetic, anti-inflammatory, and gastroprotective activities of ginger.

Ingredients



Carrot

Carrots are rich source of beta-carotene, which is a precursor to Vitamin A. Vitamin A helps night vision and prevent age-related macular degeneration (ARMD). Carrots are also a good source of Vitamin B6.



Lemon

Lemons are rich sources of Vitamin C, which plays a key role in collagen formation.



Celery

Celery is rich in coumarins and phenolic acids which help improve skin.



Parsley

Parsley adds an important phytonutrient, apigenin, which has shown to have anti-inflammatory and anticarcinogenic properties.



Grape

Grape juice contains resveratrol, an important compound that is helpful for its cardioprotective abilities.



Turmeric

The main compound in Turmeric (curcumin) contains important enzymes that mediate inflammatory processes.






ONLY
80
calories









ONLY
80
calories



Ingredients

-  **Swiss Chard**
Swiss chard is loaded with potent antioxidant vitamins such as vitamin A, as well as riboflavin.
-  **Romaine Lettuce**
Romaine lettuce is high in folic acid which is important in regulating your homocysteine levels. If homocysteine levels are too high, they can seriously impact your heart.
-  **Green Apple**
Studies have identified associations between frequent apple consumption and reduced risk of chronic diseases such as cardiovascular disease (beneficial effects on lipid metabolism, vascular function and inflammation.)
-  **Cucumber**
Potassium in cucumbers is associated with lower blood pressure levels. A proper balance of potassium both inside and outside of your cells is crucial for proper bodily function.
-  **Turmeric**
The main compound in Turmeric (curcumin) contains important enzymes that mediate inflammatory processes.

Ingredients

-  **Bok Choy**
Number two on the Centers for Disease Control and Prevention’s Powerhouse Fruits and Vegetables. Bok Choy contains an abundance of antioxidants, such as indole-3-carbinol, thiocyanates, and isocyanates.
-  **Spinach**
Spinach is a special vegetable that is high in folic acid, vitamin K, manganese, magnesium, iron, lutein & zeaxanthin.
-  **Green Apple**
Studies have identified associations between frequent apple consumption and reduced risk of chronic diseases such as cardiovascular disease (beneficial effects on lipid metabolism, vascular function and inflammation.)
-  **Cucumber**
Potassium in cucumbers is associated with lower blood pressure levels. A proper balance of potassium both inside and outside of your cells is crucial for proper bodily function.
-  **Turmeric**
The main compound in Turmeric (curcumin) contains important enzymes that mediate inflammatory processes.
-  **Ginger**
Ginger contains compounds (gingerols and shogaols) that account for the antioxidant, antiemetic, anti-inflammatory, and gastroprotective activities of ginger.

ONLY
90
calories



ONLY
90
calories



Ingredients



Spinach

Spinach is a special vegetable high in folic acid, vitamin K, manganese, magnesium, iron, lutein & zeaxanthin.



Beets

Beets contain potassium and betaine, which has positive health effects for your heart.



Cucumber

Potassium in cucumbers is associated with lower blood pressure levels. A proper balance of potassium both inside and outside of your cells is crucial for proper bodily function.



Turmeric

The main compound in Turmeric (curcumin) contains important enzymes that mediate inflammatory processes.



Pineapple

Bromelain in pineapples is identified to be valuable anti-inflammatory and powerful in reducing inflammation. Pineapples are a good source of vitamin C, vitamin B and manganese.

Ingredients



Romaine Lettuce

Romaine lettuce is high in folic acid which is important in regulating your homocysteine levels. If homocysteine levels are too high, it can seriously impact your heart.



Fennel

Fennel contains a unique combination of phytonutrients – including the flavanoids rutin, quercetin, and various kaempferol glycosides – that give strong antioxidant activity.



Green Apple

Studies have identified associations between frequent apple consumption and reduced risk of chronic diseases such as cardiovascular disease (beneficial effects on lipid metabolism, vascular function and inflammation.)



Cucumber

Potassium in cucumbers is associated with lower blood pressure levels. A proper balance of potassium both inside and outside of your cells is crucial for proper bodily function.



Orange

Orange consumption is associated with better diet quality, improved nutrient adequacy, decreased risk of obesity and improved biomarkers of health in adults.



Ginger

Ginger contains compounds (gingerols and shogaols) that account for the antioxidant, antiemetic, anti-inflammatory, and gastroprotective activities of ginger.

ORGANIC SKINCARE

Reinventing Anti-Aging Skincare



Best-In-Class Beauty Programs

We are redefining the future of anti-aging skincare. Our products were developed and formulated by a double board-certified facial plastic surgeon to provide best-in-class beauty programs that are easy to use and that help create and maintain desired results. Our premium quality cleansers, moisturizers and serums were designed to provide maximum anti-aging results giving a soft and glowing complexion while noticeably reducing fine lines and wrinkles.

We offer a natural, organic skincare line built on the philosophy that beautiful, healthy looking skin starts with selecting the best all-natural ingredients and organic formulations backed by facts.

Formulated For All Skin Types

We have individual products and full systems to help you with skin textural changes, sun damage, acne problems or age related changes. Our amazing products will help you improve those fine lines and wrinkles and improve complexion while giving you that natural and beautiful skin that everyone wants.

Illuminated System AM

B1	REFRESH
B2	PREPARE
B3	RESTORE
B4	HYDRATE
B5	ILLUMINATE
B6	REPAIR
SPF	PROTECT

Illuminated System PM

B1	REFRESH
B2	PREPARE
B3	RESTORE
B4	HYDRATE
B5	ILLUMINATE
B6	REPAIR
SPF	PROTECT

Acne System AM

A1	PURE
A2	CLEAR

Acne System PM

A1	PURE
A2	CLEAR
A3	FLAWLESS



Vegan Product



Dermatologist Tested



For Sensitive Skin



Non Toxic Chemicals



Not Tested On Animals



Anti-Acne Deep Cleanser



Anti-Acne Healing Toner



What It Does

Carelumina’s Pure – Anti-Acne Deep Cleanser is a powerful certified organic cleanser that works maximally to remove oils and clean pores in acne or blemish-prone skin. It combines cayenne, clove and willow bark to reduce inflammation, provide anti-septic cleansing and remove harmful oils clogging pores with an effective astringent. Perfect for oily and blemish prone skin types, this facial cleansing wash is the key to promote a clear complexion.

Pure Cleanser is Step 1 in your complete acne skincare system by Carelumina. It is a gentle enough cleanser to use twice daily and works best in coordination with Clear, Flawless and Repair to give you a refreshed, acne-free youthful face appearance. Pure is never tested on animals and made with organic ingredients.

How To Use

Apply a small amount to fingers, lather with warm water, gently wash face, neck, décolletage and/or back areas to cleanse oils, dirt, and makeup. For best results use morning and night.

What It Does

Carelumina’s Clear – Anti-Acne Healing Toner is a unique formulation that blends the deep cleaning power of Lavender Distillate (helps to heal and treat blemishes), Witch Hazel (helps tone and tighten pores), MSM (helps drive ingredients into skin) and willow bark derived salicylic acid to relieve oily and blemished skin. Powerful botanicals including clove, juniper and cayenne help control sebaceous gland production. All work gently and effectively, without dryness, irritation and redness, to promote clean, clear beautiful skin.

Clear Toner is Step 2 in your complete acne skincare system by Carelumina. It is an effective, refreshing toner that allows for better absorption of serums, crèmes and moisturizers and works best in coordination with Pure, Flawless and Restore to give you a refreshed, acne-free youthful face appearance. Pure is never tested on animals and made with organic ingredients.

How To Use

Shake before using. After cleansing skin, apply with cotton pad or ball on the face, neck, décolletage and/or back areas. For best results, use twice daily in the morning and at night. Clear can also be used throughout the day as a skin refresher.

FLAWLESS A3



Anti-Blemish Spot Treatment



What It Does

Carelumina's Flawless – Anti-Blemish Spot Treatment is a simple and super-effective spot treatment that will take down acne blemishes. This powerful lightweight gel contains 2% salicylic acid and is a synergistic blend of natural ingredients that calms the red, bumpy inflamed skin and quickly eliminates pimples to keep skin clear and beautiful.

Flawless Spot Treatment is Step 3 in your complete acne skincare system by Carelumina. It is an effective spot treatment for acne blemishes and works best in coordination with Pure, Clear and Restore to give you a refreshed, acne-free youthful face appearance. Flawless is never tested on animals and made with organic ingredients.

How To Use

Apply a small amount with fingers or cotton applicator as a spot treatment to active and inflamed blemishes. Massage gently into blemishes with a circular motion. Avoid direct contact with eyes. Works best when used twice daily.

REFRESH B1



Activated Charcoal Cleanser



What It Does

Carelumina's Refresh – Activated Charcoal Cleanser is a powerful, deep cleansing and detoxifying bamboo charcoal wash. This refreshing wash has a unique black coloration from natural bamboo charcoal and is made with organic ingredients.

Activated charcoal has the profound ability to bind and cleanse impurities and has been used clinically in Emergency Medicine as a powerful detoxifying agent. The result, when used in a beauty product is that dirt, oil, bacteria and makeup will be snapped up by the charcoal cleanser and supremely cleansed and minimized.

How To Use

Apply to moistened skin with light circular and massaging motion – avoiding direct contact with eyes. Rinse with clear, warm water.

PREPARE B2



Vitamin C Antioxidant Toner



What It Does

Carelumina's Prepare – Vitamin C Antioxidant Toner revitalizes the skin with strong antioxidant Vitamin C and other unique botanical actives. It is 95% organic and includes witch hazel, one of nature's most potent astringents, removing oil from skin and helping to deliver serums and moisturizers deep into the skin.

Vitamin C and green tea combine as powerful antioxidants with polyphenols to neutralize free radicals and prevent signs of aging. The result is nourished, balanced and toned skin.

How To Use

Apply to freshly cleansed skin with cotton ball. Allow product to dry prior to other skin care applications. Avoid direct contact with eyes.

RESTORE B3



Anti-Aging Stem Cell Serum



What It Does

Carelumina's Restore – Anti-aging Stem Cell Serum intensely improves the appearance of skin and is fortified with a powerful combination of plant stem cells, Matrixyl 3000, hyaluronic acid, Reishi, and Eye Bright to restore the skin's youthful properties. Plant stem cells boost cell turnover while Matrixyl 3000 is a dual peptide complex that has been clinically shown to improve the skin's collagen synthesis, which is the framework for healthy looking skin.

The serum contains Reishi, a mushroom extract used for its powerful anti-inflammatory effects on the skin. Eye Bright decreases puffiness around the eyes and keeps pores clean and minimized and hyaluronic acid helps deliver and hold maximum moisture into the skin layers. The result of this transformational serum is more youthful skin with a noticeable decrease in wrinkle appearance and improvement in skin texture and elasticity.

How To Use

Apply a thin layer to freshly cleansed and toned facial skin in the morning and night. Restore can be used on the entire face including lower lid and lip areas. Avoid use on upper eyelids and contact with eyes.

HYDRATE B4



Ultra Vitamin C Moisturizer



ILLUMINATE B5



Revitalizing Eye Crème



What It Does

Carelumina's Hydrate – Ultra Vitamin C Moisturizer provides the ultimate antioxidant protection providing tighter, brighter and better-looking skin. Along with other organic ingredients, this special formulation contains 15% Vitamin C to help reduce skin inflammation, improve blotchy pigmentation and promote healthy collagen production.

By neutralizing free radical damage, this powerful daytime moisturizer brightens and hydrates skin and may help protect skin from damaging UV exposure. The super lightweight formula can easily be applied under makeup and is best used daily to reverse and prevent the signs of aging.

How To Use

Apply a thin layer daily in a light circular motion to a freshly cleansed and toned face, neck and décolletage (chest) areas. Avoid direct contact with eyes. Moisturizer should follow serum application. Allow time to absorb prior to makeup application.

What It Does

Carelumina's Illuminate –Revitalizing Eye Crème is the ultimate in eye treatment. The thinnest, most sensitive skin on the face is the area around the eye, this area deserves something special. The Illuminate formulation transforms the area around the eyes by lightening dark circles, revitalizing skin texture, drastically reducing crow's feet, and repairing fragile skin.

This multi-dimensional formula combines hyaluronic acid and organic aloe for maximum skin hydration, Matrixyl 3000 strengthens the framework for the skin and delivers a powerful collagen synthesis, Eyebright dramatically decrease bags and puffiness under the eyes, Vitamin C, CoQ10 and glycolic acid provides antioxidant properties that will illuminate the eyes.

How To Use

Apply a thin layer to the skin around the eyes in the lower eyelid, crow's feet and cheek region. Illuminate can also be used on other areas of the face. Best results are obtained when used both morning and night. Avoid direct contact with eyes.

Anti-Wrinkle Retinol Moisturizer

Skin Lightening Creme



What It Does

Carelumina’s Repair – Anti-wrinkle Retinol Moisturizer is the go to product for replenishing and protecting the skin’s moisture barrier and helping repair damaged skin. When used at night, this powerful formulation of Vitamin A derived 2.5% Retinol combines with antioxidants to smooth skin, improve fine lines and wrinkles, and reverse the visible signs of aging.

The end result is minimized crow’s feet, facial and lip lines. Organic aloe vera and sunflower oil helps prevent redness and drying typically associated with retinols.

How To Use

Apply a thin layer nightly in a light circular motion to a freshly cleansed and toned face, neck and décolletage (chest) areas. Avoid direct contact with eyes. Moisturizer should follow serum application.

What It Does

Carelumina’s Brilliant – Skin Brightening Crème is a highly effective hydration formulation designed to lighten hyperpigmentation, fade sun spots, and restore brilliance and clarity to drab and tired skin. Hyaluronic Acid deeply hydrates the cells of the skin while premium botanical actives combine for refreshed and rejuvenated skin. Hydroquinone free, this creme is safe for daily use.

Brilliant Brightening Crème is Step 7 in your complete skincare system by Carelumina. This twice daily moisturizer works to lighten brown spots and pigment and is best used coordination with Refresh, Prepare, Repair, Restore, Hydrate, and Illuminate to give you a refreshed, youthful face appearance. Brilliant is never tested on animals and made with organic ingredients.

How To Use

Apply in a light circular motion to freshly cleansed and toned face, neck and décolletage areas. Avoid direct contact with eyes. Allow time to absorb prior to makeup application. Brilliant can be used morning and night.

PROTECT SPF



Moisturizing Sunscreen



What It Does

Carelumina Protect SPF 45 has a lightweight feel and protects your skin against damaging UVA, UVB and IR rays. Protect SPF 45 contains an innovative blend of actives that protects skin from multiple extrinsic factors known to cause premature aging, including UVA, UVB and Infrared Radiation (IR). Delivering a new strategy in sun protection, Protect SPF 45 will provide the highest possible level of protection while restoring youthfulness to the skin.

Derived from botanical Knotweed extract, this special formulation prevents damage from infrared radiation, which is believed to be just as detrimental to skin health as UVA and UVB. This fast-absorbing SPF also features a high level of Niacinamide to promote a smoother, clearer complexion.

How To Use

Apply to face & neck, avoiding the eye area. Wait at least 30 minutes before sun exposure. Re-apply after prolonged exposure, physical activity, perspiration or contact with water. For best results, use daily after serum or moisturizer in Carelumina's dark spot, fine lines or anti-aging regimens.

EXTEND



Advanced Eyelash Growth Serum



What It Does

Carelumina's - Extend Advanced Eyelash Growth Serum is a FDA approved, Medical Grade eyelash booster that promotes longer fuller and more luscious lashes in as little as 2 weeks*.

* clinical data supports visible evidence in as little as 2 weeks.

How To Use

Apply a small amount to the base of clean, dry lashes at night only. May be applied to the brows twice per day. Do not apply directly into the eye; if this should occur, rinse thoroughly with water. Continued use is recommended to maintain desired results.

BRILLIANT REGIMEN

Dark Spots Regimen (B1, B2, B6 ,B7, & SPF 45)



What It Does

Nothing is more frustrating than the appearance of dark spots, called hyperpigmentation, causing uneven skin and blotchiness. Carelumina's five-step Dark Spots Regimen combines botanical actives along with Vitamin C, Retinol, and Kojic Acid to maximally lighten hyperpigmentation, fade sunspots, and restore clarity to drab and tired skin. Achieve brilliant looking skin with Carelumina's Brilliant - Dark Spots Regimen.

B1 REFRESH - Activated Charcoal Cleanser

B2 PREPARE - Vitamin C Antioxidant Toner

B6 REPAIR - Retinol Moisturizer

B7 BRILLIANT - Skin Lightening Creme

PROTECT SPF 45 - Moisturizing Sunscreen

How To Use

Follow daily how to use instructions outlined on each product within the regimen. Products can be used together in the regimen or separate as needed.

FLAWLESS REGIMEN

Acne & Blemish Regimen (A1, A2, A3, B6, & Spf 45)



What It Does

Achieve clear, acne-free skin with Carelumina's comprehensive five-step Acne & Blemish Regimen designed to unclog pores, heal breakouts, soothe redness and keep acne away. Carelumina's approach of fighting acne and protecting your skin from future breakouts makes this system a great daily regimen for clear, beautiful skin. Take control of your acne with Carelumina's Flawless - Acne & Blemish Regimen.

A1 PURE - Anti-Acne Deep Cleanser

A2 CLEAR - Anti-Acne Healing Toner

A3 FLAWLESS - Anti-Blemish Spot Treatment

A4 REPAIR - Retinol Moisturizer

PROTECT SPF 45 - Moisturizing Sunscreen

How To Use

Follow daily how to use instructions outlined on each product within the regimen. Products can be used together in the regimen or separate as needed.

ILLUMINATE REGIMEN

Enhanced Eyes Regimen (B1, B2 , B5, SPF 45, & Extend)



What It Does

Want the ultimate eye enhancing treatment that not only gives you longer and thicker lashes, but also revitalizes tired looking eyes? Carelumina's five-step Illuminate - Enhanced Eyes Regimen transforms the eyes by growing thicker and longer eyelashes, lightening dark circles, revitalizing skin texture, drastically reducing crow's feet, and repairing fragile skin. It is time to Illuminate your eyes with Carelumina's Illuminate - Enhanced Eyes Regimen.

B1 REFRESH - Activated Charcoal Cleanser

B2 PREPARE - Vitamin C Antioxidant Toner

B5 ILLUMINATE - Revitalizing Eye Cream

PROTECT SPF 45 - Moisturizing Sunscreen

EXTEND - Enhanced Eyelash Growth Serum

How To Use

Follow daily how to use instructions outlined on each product within the regimen. Products can be used together in the regimen or separate as needed.

RESTORE REGIMEN

Fine Lines & Wrinkles Regimen (B1, B2, B3, B4, B6, & Spf 45)



What It Does

Sun damage, skin type and genetics, along with thinning of the skin all contribute to visible signs of aging including skin textural changes, fine-lines around the mouth or crow's feet, and rough, drab appearing skin. Carelumina's six-step Fine Lines & Wrinkles Regimen transforms your skin by combining powerful antioxidants with stem cells, peptides and Retinol to smooth skin, improve fine lines and wrinkles, enhance skin elasticity and reverse the visible signs of aging. Restore your youthful skin with Carelumina's Restore - Fine Lines & Wrinkles Regimen.

B1 REFRESH - Activated Charcoal Cleanser

B2 PREPARE - Vitamin C Antioxidant Toner

B3 RESTORE - Anti-Aging Stem Cell Serum

B6 REPAIR - Retinol Moisturizer

B7 BRILLIANT - Skin Lightening Creme

PROTECT SPF 45 - Moisturizing Sunscreen

How To Use

Follow daily how to use instructions outlined on each product within the regimen. Products can be used together in the regimen or separate as needed.

NUTRITION & WELLNESS

Relieve stress, burn fat & help maximize your fitness results



Best-In-Class Beauty Programs

Carelumina's wellness program is re-inventing nutrition and fitness. Our wellness division has partnered with top scientists and wellness consultants in the industry to create best-in-class supplements. We only use essential ingredients backed by state-of-the-art research and development. Our certified wellness consultants provide customized plans for every lifestyle, blood type, and fitness goal. Carelumina has a variety of products to help you achieve your specific wellness goals.

Our products help relieve stress, promote better sleep, burn fat, and will help you maximize your fitness results both pre and post-workout. Our program provides strategic workout plans, nutrition guides and plenty of tips to assist and challenge you throughout your wellness journey. We even offer motivational support to maximize your success. Why wait? Let's get healthy today!

SLIM	FUEL
SUN-ADK	GLOW-BOVINE
CALM	GLOW-MARINE
GUTPRO	BUILD
GROW	CHARGE
0/30+	BALANCE
REST	NERO

SLIM

Skinny Me



What It Does

Carelumina's SLIM* Skinny Me formula is a unique blend of vitamins designed to increase energy and promote positive and sustainable weight loss. SLIM* helps you take control over your weight loss goals and trim unwanted body fat*.

How To Use

For adults, take three (3) capsules in the morning, preferably with a meal or small snack. As a reminder, discuss the supplements and medications you take with your health care providers.

SUN

Immune System Health



What It Does

Carelumina's Sun is packed with Vitamins A, D, and K2 (as MK-7). High dose Vitamin D without the sunburn.*

This power packed A , D, K is a dietary supplement that supports:

- Bone structure, density and integrity*
- Proper bone remodeling*
- Calcium utilization*
- Cardiovascular Function*

How To Use

For adults, take two (2) tablets in the morning, preferably with a meal or small snack. As a reminder, discuss the supplements and medications you take with your health care providers.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CALM

No Stress + Anti-Aging



What It Does

Carelumina's CALM* No Stress, Anti Aging formula is a unique blend of vitamins designed to help reduce stress, anxiety and promotes optimal relaxation. CALM* helps your brain relax and trigger positive and peaceful vibes to increase the performance and health of the nervous system*.

How To Use

For adults, take two (2) tablets in the morning, preferably with a meal or small snack. As a reminder, discuss the supplements and medications you take with your health care providers.

GUT PRO

Ultra Probiotic



What It Does

A probiotic or "good bacteria" is essential to overall health. With 70% of the body's immune system located in the intestines, it is very important to maintain proper function of this organ. Carelumina uses a unique capsule technology that places bacteria in a protective barrier that will not break down in the harsh stomach acid before it reaches the intestines.

Gut Pro allows most of these beneficial organisms to pass through to the intestines and carry out their 4 major functions, which are:

- Support a healthy immune response
- Aid in digestion
- Help with elimination of waste
- Aid in absorption of nutrients (especially B vitamins)

How To Use

For adults, take two (2) capsules once daily preferably with a meal or small snack. Keep bottle tightly closed. Store between 15°-30°C (59°-86°F).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GROW

Hair, Skin + Nails



What It Does

Carelumina's GROW* Hair, Skin + Nails formula is a unique blend of vitamins designed to help support healthy skin, lush and shiny hair, and beautiful thick nails. GROW* helps you look good and feel great*!

How To Use

For adults, take two (2) tablets in the morning, preferably with a meal or small snack. As a reminder, discuss the supplements and medications you take with your health care providers.

OMEGA 30+

Premium Omega Fish Oils



What It Does

The Carelumina O30+ is an Omega30 that is a 100% natural supplement that contains health-promoting omega-3 fatty acids DHA and EPA (the 2 essential fatty acids found in most ordinary fish oil products). Carelumina O30+ includes a total of 30 essential fatty acids. This diverse combination of essential fatty acids makes O30+ unique. Only a very small dose is required for it to be effective, and it comes in small easy-to-swallow soft-gel caps. Studies have shown that taking a daily dose of fatty acids enables you to return to the healthy lifestyle with limiting effects of joint pain and inflammation. Research has shown O30+ to be critical to joint health, respiratory health, cardiovascular health, HDL and triglyceride levels.*

- Small easy to swallow soft gel capsule
- Contains a unique combination of 30 essential fatty acids
- Sourced from freshly harvested Green Lipped Mussels in New Zealand
- Supports connective tissue and joint function
- Beneficial to heart and respiratory health

How To Use

For adults, take two (2) tablets in the morning, preferably with a meal or small snack. As a reminder, discuss the supplements and medications you take with your health care providers.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

REST

Sleep Well



What It Does

Carelumina's REST* Sleep Well formula is a unique blend of vitamins designed to help promote restful sleep throughout the night allowing you to wake up refreshed and energized. REST* helps your brain relax while providing comfortable sleep.

How To Use

For adults, take two (2) capsules 30 minutes prior to bedtime. As a reminder, discuss the supplements and medications you take with your health care providers.

FUEL+

Pharmaceutical Grade Caffeine Troche



What It Does

Carelumina's FUEL+* is handcrafted and compounded in our partner pharmacy to maximize product effectiveness. FUEL+* is a unique blend of pharmaceutical grade caffeine, Vitamin B12, Vitamin E and Folic Acid (Folate) to provide you with all day sustainable energy without the crash, jitters or frequent bathroom breaks.

Our FUEL+* pharmaceutical grade caffeine troche delivered through the sublingual glands offers substantially more efficiency versus caffeine consumption through the gut. FUEL+* is convenient and portable, they are about the size of a standard aspirin and packed with energy*.

How To Use

DO NOT SWALLOW OR CHEW. For adults, place one (1) troche under the tongue or cheek and let fully dissolve. Max 3 per day. Store FUEL+ Troches at room temperature. Keep out of direct sunlight or heat. Troches could melt together if subjected to prolonged direct sun light or heat. Store similar to the way you would store a chocolate bar.

Sublingual from the Latin for "under the tongue", refers to the pharmacological route of administration by which substances diffuse into the blood through tissues under the tongue.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GLOW GRASS FED BOVINE

Unflavored - Grass Fed Bovine Collagen Peptides



What It Does

Carelumina's GLOW* bovine collagen peptides are made exclusively from grass fed & pasture raised bovine. GLOW* collagen peptides are type 1 & 3, Non-GMO, antibiotic & growth hormone free, 100% pure & natural with no artificial ingredients.

Collagen is the main structural protein found in skin and other connective tissues, and is the most abundant protein in the human body. Collagen is the substance that holds the body together. Over time aging will decrease the production of collagen in the body and the regular intake of collagen powder is the perfect anti-aging supplement to support healthy skin, hair, nails, muscles, gut and joint health.*

Our GLOW bovine collagen peptides powder easily dissolves in cold or hot liquids and has little to no smell or taste which makes it the perfect addition to your wellness routine.

How To Use

Combine 2 scoops (1 serving) with 8 fl oz of hot or cold water or your favorite beverage and mix for 20-30 seconds in a shaker or blender. 18 gram scoop included. Use with a healthy diet and exercise for maximum results.

GLOW MARINE

Unflavored - Marine Collagen Peptides



What It Does

Carelumina's GLOW* marine collagen peptides are made exclusively from wild caught white fish. GLOW* collagen peptides are type 1 & 3, Non-GMO, antibiotic & growth hormone free, 100% pure & natural with no artificial ingredients.

Collagen is the main structural protein found in skin and other connective tissues, and is the most abundant protein in the human body. Collagen is the substance that holds the body together. Over time aging will decrease the production of collagen in the body and the regular intake of collagen powder is the perfect anti-aging supplement to support healthy skin, hair, nails, muscles, gut and joint health.*

Our GLOW marine collagen peptides powder easily dissolves in cold or hot liquids and has little to no smell or taste which makes it the perfect addition to your wellness routine.

How To Use

Combine 2 scoops (1 serving) with 8 fl oz of hot or cold water or your favorite beverage and mix for 20-30 seconds in a shaker or blender. 18 gram scoop included. Use with a healthy diet and exercise for maximum results.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

BUILD

Premium Whey Protein



What It Does

Carelumina's BUILD* Premium Whey Protein tastes delicious and provides natural clean protein without artificial ingredients like sugars and other unnecessary fillers. BUILD* helps increase performance during and after workouts while building lean muscle mass and helping the body recover faster after demanding workouts. BUILD* offers high ratios of fibers and antioxidants to keep you feeling and looking healthy and fit. GET LEAN AND TONED*!

How To Use

Use after workout or anytime during the day. Use up to 2 servings daily. Combine 1 scoop (1 serving) with 8 fl oz of cold water, milk or your favorite beverage and mix for 20-30 seconds in a shaker or blender. Use with a healthy diet and exercise.

CHARGE

Pre-Workout



What It Does

Carelumina's CHARGE* Pre-Workout provides extra energy, longer endurance during workouts and enhanced focus to assist with concurring any challenge. CHARGE* provides just enough power without the jitters and helps muscles perform better during workouts. Beginners and elite competitors alike benefit from extra CHARGE* during workouts. GET FIT*!

How To Use

Use 30 minutes prior to workout. Use up to 2 servings daily. Combine 1 scoop (1 serving) with 8 fl oz of cold water or your favorite beverage and mix for 20-30 seconds in a shaker or blender. Use with a healthy diet and exercise.

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BALANCE

Bio-Identical Transdermal Progesterone Creme



What It Does

Carelumina's BALANCE Bio-Identical Transdermal Progesterone Creme is physician-formulated to deliver 20mg of Progesterone.

The mindset of many women is that estrogen deficiencies is one of the key factors that cause menopause issues. Many women feel that they are estrogen deficient and chose to try estrogen replacement therapy but have not gotten the desired results they are looking for. The facts are that estrogen levels do decrease during menopause but another issue women face is that they may have too much estrogen compared to the relative level of progesterone in the system.

Daily stress and estrogen dominance in many women can cause women to experience moderate to severe symptoms as they approach perimenopause. Many of these symptoms of estrogen dominance can be relieved with our natural, bio-identical progesterone physician formula. Carelumina's BALANCE Progesterone Creme can help reduce the symptoms of low progesterone or estrogen dominance.

How To Use

DIRECTIONS: Use only as directed. Apply once or twice a day as needed. Dispense cream into the palm of the hand and rub onto the skin of your chest, abdomen, inner arms, or thighs - rotating area each time. Do not use for more than 3 weeks out of a month.

Symptoms of Estrogen Dominance

- PMS
- Low sex drive
- Abnormal or irregular menstrual periods
- Bloating
- Fibrocystic breasts
- Headaches
- Swelling and tenderness of the breast
- Mood swings
- Weight and/or fat gain
- Cold hands and feet
- Thinning hair or hair loss
- Thyroid dysfunction
- Sluggish metabolism
- Foggy thinking, memory loss
- Fatigue
- Trouble sleeping
- Allergies
- Infertility
- Ovarian cyst
- Blood clotting
- Premature aging

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NERO

Black Mineral Drops



What It Does

NERO Black Drops is a unique supplement infused with Fulvic and Humic minerals as well as SBO (Soil Based Organism) probiotics, both USDA Organic Certified. Today's foods and beverages no longer provide the nutrients our bodies require. However, studies show that proper nutrition with mineral supplements can help increase energy levels, muscle development, and overall good health. With NERO Black Drops concentrate you can create your own nutritious and health NERO WATER.

How To Use

Combine 2 scoops (1 serving) with 8 fl oz of hot or cold water or your favorite beverage and mix for 20-30 seconds in a shaker or blender. 18 gram scoop included. Use with a healthy diet and exercise for maximum results.

77

Trace Minerals

0

Calories

0

Carbs

0

Sugar

0

Fat

0

Caffeine

Probiotics Benefits



- Improves overall health & energy
- Helps digestion & optimizes the immune system
- Absorbs proteins, vitamins & minerals
- Prevents some candida overgrowth
- Improves muscle development

Fulvic Acid Benefits



- Increase Energy with Powerful Antioxidants
- Boost Natural Functions & Defenses
- Balance Hormones
- Restore Electrochemical Balance & Boost Enzyme Production
- Rebuild Immune System
- Increase Oxygen Absorption

Humic Acid Benefits



- Improves overall health & energy
- Helps digestion & optimizes the immune system
- Absorbs proteins, vitamins & minerals
- Prevents some candida overgrowth
- Improves muscle development

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FULL SPECTRUM HEMP CBD

A Healthy Outside Starts
from the Inside

Full-Spectrum Hemp CBD

Carelumina CBD products are grown using organic practices on accredited U.S. family farms in Colorado. They are free from pesticides, herbicides and fungicides. Our hemp is stable, high in CBD, low in THC and resistant to pests and pathogens. We only utilize innovative and proprietary harvesting and crop processing technologies producing the industry's highest quality CBD products with unmatched purity and quality.

What is full spectrum hemp CBD oil?

Hemp seed oil is derived from the small seeds of Cannabis sativa plant. The seeds contain a rich profile of nutrients, fatty acids and useful bioactive compounds. Full-spectrum CBD oil maximizes the benefits of CBD due to the extraction process of hemp oil containing all of the same cannabinoids and compounds found in the original hemp plant.

HOW CBD WORKS IN THE BODY

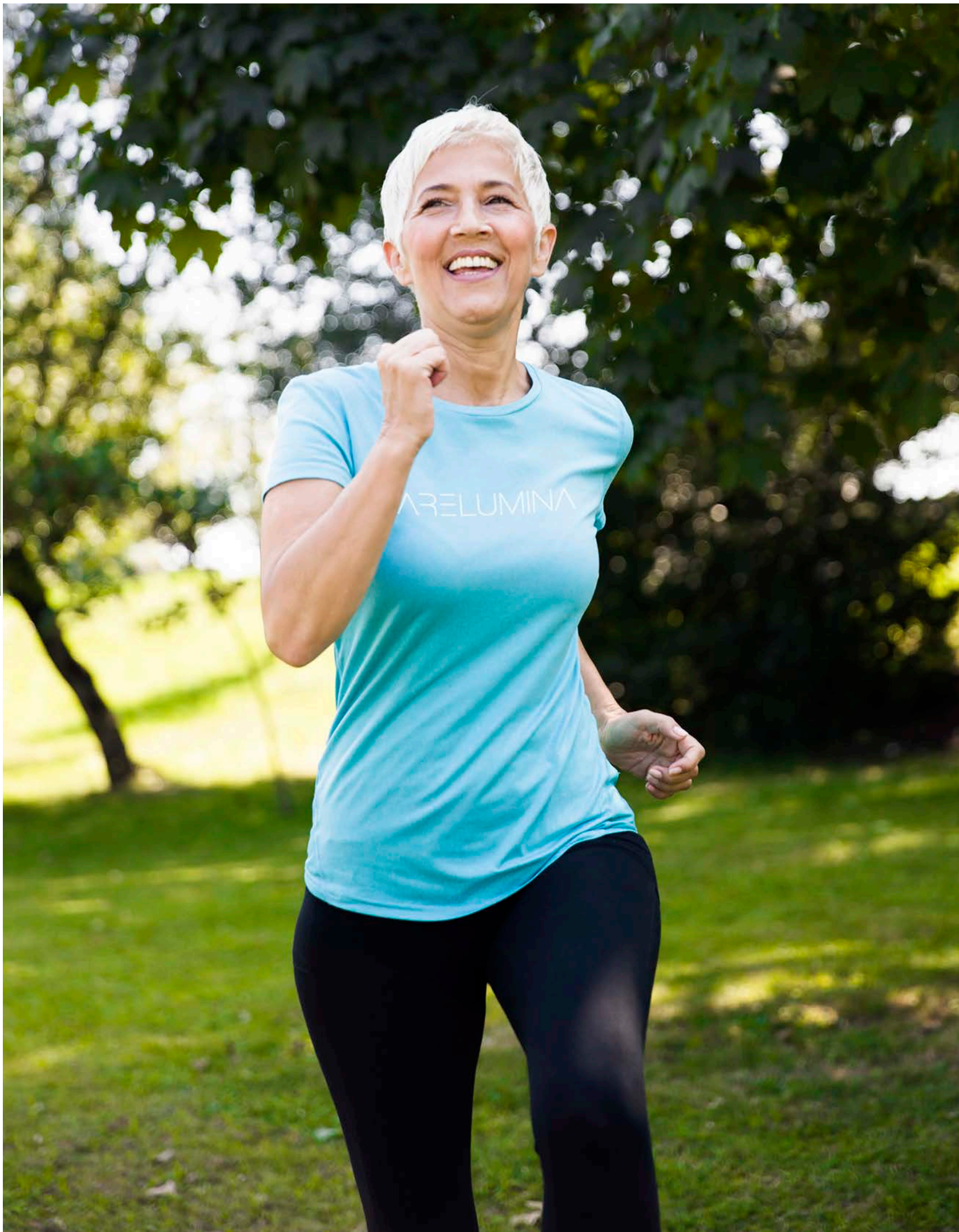


CB1 Receptors target:

Motor activity	Short term memory
Thinking	Pain Perception
Motor coordination	Immune cells
Appetite	

CB2 Receptors target more of the body:

Gut	Reproductive system
Kidneys	Immune system
Pancreas	Respiratory tract
Adipose tissue	Skin
Skeletal muscle	CNS
Bone	Cardiovascular system
Eye	Liver
Tumors	



CBD + EMU OIL PAIN BALM

Cooling Pain Balm



What It Does

Carelumina's CBD + EMU OIL Pain balm is the answer for fighting inflammation, muscle aches, rheumatoid arthritis and many other joint pains. The Carelumina CBD + EMU OIL pain balm contains full spectrum cannabidiol (CBD) combined with 10% Emu Oil, to help fight your everyday pain relieving needs.

How To Use

DIRECTIONS: For external use only. Apply to clean skin and massage well into areas experiencing muscle soreness. Do not apply to the face, broken skin or sensitive areas.

FULL SPECTRUM CBD OIL

CBD Oil 500mg/ 1000mg Sweet Mint Flavored



What It Does

Carelumina's NEW NATURAL MINT Flavored CBD OIL is nutrition as nature intended with a delicious subtle flavor. Hemp CBD is a long studied super food and an easy way to consume your daily dose of full spectrum cannabinoids and fatty acids to promote optimal health.

Each bottle contains 1 oz. of a proprietary blend of coconut Medium Chain Triglycerides (MCT) Oil with 1000/500mg of Hemp CBD with a light hint of natural sweet mint.

- Vegan
- Gluten Free
- Non-GMO
- No pesticides, herbicides, solvents or chemical fertilizers
- Non-psychoactive (less than 0.03% THC)
- Helps support the endocannabinoid system

How To Use

Carelumina CBD Oil tincture is designed to be dropped under the tongue for quick bio-availability or mixed in food, drink or smoothie for healthy satisfaction. Shake well before use and place one full dropper of oil under the tongue and swallow.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CBD PET SPRAY

Hemp CBD Pet Spray Smoked Bacon Flavored



What It Does

Carelumina's Pet Hemp CBD Spray helps pets maintain a sense of calm while limiting hip and joint pain and providing support for their active lives. Stress, anxiety, depression and pain doesn't just affect humans, it also affects pets. Carelumina's CBD Pet Spray contains 250mg of full spectrum hemp derived CBD per bottle.

CBD Pet Spray Provides:

- Pain Relief
- Anxiety Reduction
- Anti-Inflammatory
- Joint Mobility Support
- Digestion and Appetite Enhancement

How To Use

SHAKE WELL BEFORE USE. Use as a dietary supplement, give pet one (1) or two (2) servings per day. Spray 4-5 sprays directly on pet's food. Keep away from heat and light as not to affect potency.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CBD PET TREATS

Hemp CBD Pet Treats Smoked Bacon Flavored



What It Does

Carelumina's CBD Pet Treats helps pets maintain a sense of calm while limiting hip and joint pain and providing support for their active lives. Stress, anxiety, depression and pain doesn't just affect humans, it also affects pets. Carelumina's CBD Pet Treats contain 5MG Hemp Derived CBD Per Serving.

Benefits of CBD and pets include:

- Pain Relief
- Anxiety Reduction
- Anti-Inflammatory
- Joint Mobility Support
- Digestion and Appetite Enhancement

How To Use

As a dietary supplement, give pet one (1) or (2) servings once or twice daily, or as directed by a veterinarian. Keep away from heat and light as not to affect potency.

Serving Suggestions:

Dogs less than 20lbs: up to 1 treat every 12 hours.
Dogs 21 lbs – 44 lbs: up to 2 treats every 12 hours.
Dogs over 45 lbs: up to 3 treats, every 12 hours.
Cats: up to 1 treat every 12 hours.



MD/RX/LAB

Healthcare Technologies

Medical Care Plans

Carelumina's MD/RX/LABS division is a propriety program providing our customers and members with access to medical plans of care through pharmacy and lab related services.

Online Medical Visit

It only takes a few minutes. Simply talk to one of our board certified physicians, answer a few medical questions and if approved your medication will be shipped to your door.

Free & Discreet Shipping

Your prescription will be dispensed by our partner pharmacy and your RX will arrive at your door and if you like your refills can arrive automatically.

Flexible Plans

You're in control. With our monthly and quarterly plans, you can control when and how your RX and Lab plans are administered.

Dermatology:

Latisse® - Eyelash Growth
 Retin-A / Tretinoin - Acne and Fine Lines and Wrinkles
 Hydroquinone - Skin Brightening and Dark Spot Treatment

Hormone Replacement Therapy:

Female Hormone Treatments - Menopause Therapy
 Male Hormone Treatments - Low Testosterone Therapy
 Klinefelter's Syndrome

Sexual Health:

Flibanserin - Generic Addyi® - Female Sex Drive
 Sildenafil - Generic Viagra® - Erectile Dysfunction
 Tadalafil - Generic Cialis® - Erectile Dysfunction
 Cold Sores - Valacyclovir - Generic Valtrex®

Hair Loss:

Finasteride - Generic Propecia®
 Minoxidil - Generic Rogaine®

Labs:

Over 50+ Diagnostic labs from over 2,200 National laboratory locations

LATISSE® RX ONLY*

Advanced RX Eyelash Program



Week 0



Week 16



What It Does

LATISSE® (bimatoprost ophthalmic solution 0.03%) solution is a growth treatment for hypotrichosis (inadequate or not enough eyelashes). In fact, it's the only FDA-approved treatment clinically proven to grow lashes. And it's the only lash growth product of its kind available by prescription which can be obtained online through Carelumina's Telehealth platform.

LATISSE® solution is a once-nightly treatment you apply topically to the base of your upper eyelashes. Then, gradually, the results come in. You may start to see more length and thickness in as little as 4 weeks and you should achieve full growth in 16 weeks. It's not an illusion of growth. It's real lash growth.

As the treatment progresses, you will be able to see changes in the length, full-thickness and darkness of your lashes gradually. After week 16 you will see the full effects of LATISSE® and so will others. In the clinical study, 78% had a significant increase in overall eyelash prominence including elements of length fullness and darkness. Results will be maintained as long as the medication is maintained.

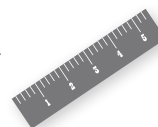
Start Latisse®

Get longer lashes and more compliments! Latisse®, is the only FDA-approved eyelash growth serum and delivers proven results. Complete a simple online doctor visit and get free shipping of Latisse® delivered to your door.

It's about the numbers.

Latisse® clinical trials prove success:

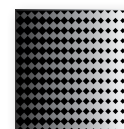
25% Longer -



106% Fuller -



18% Darker -





Retin A Anti-Aging RX Crème

Skin Brightening Crème



What It Does

Carelumina's Rejuvenate Retin-A Crème is one of the best anti-aging products available that improves skin pigmentation, fine lines and wrinkles and overall texture. Rejuvenate Retin-A Crème has been shown to maximally rebuild the collagen framework of your skin and is more effective than its nonprescription counterpart Retinol.

Rejuvenate Retin-A Crème is applied nightly on a freshly cleaned and toned face. It can be used on all areas of the face, neck and décolletage areas with the weaker formulations. Results are typically seen gradually as early as 3 months with maximal effects on wrinkles, blotchiness, and texture at the 9-month timeframe. It's important to use regularly as results are gradual.

How To Use

Apply in a light circular motion to a freshly cleansed and toned face, neck and décolletage areas. Allow time to absorb prior to moisturizer or makeup application. Rejuvenate can be used twice daily.

What It Does

Achieve clear, acne-free skin with Carelumina's comprehensive five-step Acne & Blemish Regimen designed to unclog pores, heal breakouts, soothe redness and keep acne away. Carelumina's approach of fighting acne and protecting your skin from future breakouts makes this system a great daily regimen for clear, beautiful skin. Take control of your acne with Carelumina's Flawless - Acne & Blemish Regimen.

How To Use

Follow the daily how to use instructions outlined on each product within the regimen. Products can be used together in the regimen or separate as needed.

Sildenafil Erectile Dysfunction-RX ONLY*

Sildenafil Citrate-Active Ingredient in Viagra®



What Is Sildenafil

Sildenafil Citrate is an FDA Approved Generic form of Viagra®. It is a popularly used as an effective treatment for erectile dysfunction. Sildenafil Citrate is approved by the FDA approved for treating pulmonary hypertension. The drug has helped millions of men gain an erection effortlessly, with the pill working in just minutes in most scenarios. Our doctors can prescribe off-label ED doses in 20mg and up to 100mg if they believe its an approbate path of treatment for a Patient. The doctor uses his or her own judgement to deiced if off-label treatment is an appropriate path of care for each patient.

How It Works

Sildenafil Citrate works as a PDE5 inhibitor. PDEF5 interacts with the action of cGMP-specific phosphodiesterase type 5 on cyclic GMP in the smooth muscle cells in the penis. It will then relax the muscles, allowing better blood flow to help properly dilate the shaft. Once the medication into the bloodstream, it spreads directly to your circulatory system and into the bloodstream, targeting and disabling the PDEF5 enzyme. Once disabled, blood flow is relaxed, and the penis can achieve erection upon sexual stimuli. It is a well-documented phenomenon, with Sildenafil Citrate being very useful in most scenarios.

What Is Erectile Dysfunction?

Erectile dysfunction occurs when man cannot sustain an erection for a prolonged period of time or where the poor performance starts to affect the sexual, physical, and emotional life of the person. Emotional health can also cause Erectile dysfunction. Sildenafil citrate is an FDA Approved Generic form of Viagra® that works by allowing your body to overcome some of these factors and can provide an improved sex life. Illness, inadequate blood flow to the penis, the habitual consumption of alcohol and other suppressants can all cause erectile dysfunction. Sildenafil Citrate also can help with premature ejaculation or lack of interest in sharing a sexual experience. Gain more confidence in your life and improve you sexual performance with sildenafil citrate.

Is Sildenafil Citrate a popular form of ED treatment?

Sildenafil Citrate is an FDA Approved Generic form of Viagra® and ongoing studies have shown that Sildenafil Citrate is effective in up to 80% of men which adds greatly to is overall popularity.

Tadalafil Erectile Dysfunction-RX ONLY*

Tadalafil - Active Ingredient in Cialis®



What is Tadalafil (Cialis®)?

Tadalafil is the active ingredient in Cialis®. Tadalafil is an FDA-approved medication to treat ED and urinary symptoms due to BPH.

How long does Tadalafil (Cialis®) last?

Tadalafil the generic name of Cialis® can last anywhere between 48 to 72 hours.

What is Tadalafil (Cialis®) used to treat?

Tadalafil the generic name for Cialis® is most commonly used to treat Erectile Dysfunction or ED. Cialis® can also be used to treat enlarged prostate.

Can I take Tadalafil (Cialis®) daily?

Tadalafil (Cialis®) comes in several dosage options. Tadalafil (Cialis®) is approved for daily use in the 2.5mg and 5mg doses. A plan of care that suggests a daily dose can create a steady flow of medicine in the blood and eliminates the need to plan for sex. Make ED treatment part of your daily life with daily treatment plan.

Is Tadalafil (Cialis®) safe?

You should not take tadalafil (Cialis®) if you are not healthy enough for sex. Cialis® may not be safe for patients who are on alpha-blockers or antihypertensives or who consume substantial amounts of alcohol.

What are the side effect of Tadalafil (Cialis®)?

Some common side effects of Cialis® include lightheadedness, dizziness, headache, flushing, and nausea



What is Finasteride

The generic ingredient in Propecia® and is used to treat male pattern baldness or thinning hair. Finasteride is a testosterone 5-alpha-reductase inhibitor that is approved by the FDA.

What is Minoxidil

A topical solution, used once or twice a day, can help prevent hair loss and may help new hair growth. Minoxidil is a topical product approved by the FDA to treat hair loss and help hair growth.

How To Use

Hair loss is a problem affecting most men. Say goodbye to Hair Loss. We offer a safe and secure plan of care to solve hair loss with meds shipped direct to your door.

How It Works

Our U.S. Board Certified Physicians use our HIPAA compliant Telehealth platform to provide you with a discreet plan of care for hair loss. Our Physicians will review your medical records which are created online by simply answering medical questions about your care (prescriptions you are taking, lifestyle, medical history, habits, and symptoms). Our providers will also confirm you identify by asking to see an official ID and will review pictures of your current hair loss to determine the right path of care. After a review of your medical records our physicians will determine your qualification and will press rise the right path of care to treat and stop hair loss. If approved our partner pharmacy will ship your medicine and instructions of use direct to your door in a discreet package. It is very important to read all use instructions prior starting your plan of care.

Low Testosterone RX ONLY*

Testosterone & HCG Replacement Therapy



What is Low Testosterone?

Testosterone in men decline over time, generally after the age of 30 and the decline becomes more symptomatic in men over the age of 40. With low testosterone men will lose muscle tone, have decreased energy levels and can cause depression. In aging men low testosterone is also the leading cause of sexual dysfunction including low libido and the ability to maintain an erection.

It's not a mid-life crisis, it's a hormone crisis.

Low T is not easy to talk about but if you have Low T it's time to take action. Men with low testosterone often report being tired, decreased muscle tone and decreased sex drive.

How can Testosterone therapy help me?

Our board certified doctors will review your medical file and if needed will prescribe a plan of care for you. Due to increased awareness and the potential benefits of Testosterone Replacement Therapy it is becoming more common. Testosterone therapy can:

- | | |
|----------------------|---------------|
| Strengthen Erections | Sharpen Focus |
| Improve Energy | Improve Sleep |
| Lower Body Fat | Feel Younger |

How it Works:

Low T is a common problem affecting men as they age. We offer a safe and secure plan of care to solve Low T with meds shipped direct to your door.

Who should consider Hormone Replacement Therapy?

Those who suffer from a hormone imbalance should seek advice at any time but typically, hormones start to decline in the mid-to-late twenties. By age 35 declines are sufficient that symptoms may be evident. The best time to start replacing hormones is between age 35 and 40. However, it is never too late.

The optimal age for treatment varies for each individual. Some are affected at a younger age due to adverse health conditions that impact hormone balance. Symptoms of andropause, perimenopause and menopause, which occur around middle-age are usually the reason that individuals seek treatment through hormone balance.

Menopause Women - Bio-identical Hormone Therapy



What is Menopause?

Menopause is a natural decline in reproductive hormones when a woman reaches her 40s or 50s and defined as a woman not having her period for 12 months in the absence of another cause (e.g., nursing, birth control, eating disorders). This happens when ovaries stop producing large amounts of estrogen (and progesterone) and women no longer ovulate. Hormonal changes and symptoms usually begin before this happens, during a time called perimenopause.

Perimenopause generally begins when a woman who had regular menstrual cycles starts having irregular periods. Women generally enter perimenopause several years before they stop having periods. Some women can enter perimenopause up to 8-10 years before their last menstrual period. The symptoms of menopause and perimenopause can be bothersome and the onset of perimenopause, fluctuations in hormone levels may cause irregular menstrual cycles, headaches, mood changes, insomnia, weight gain, breast pain (mastodynia), and hot flashes/flushes.

How It Works

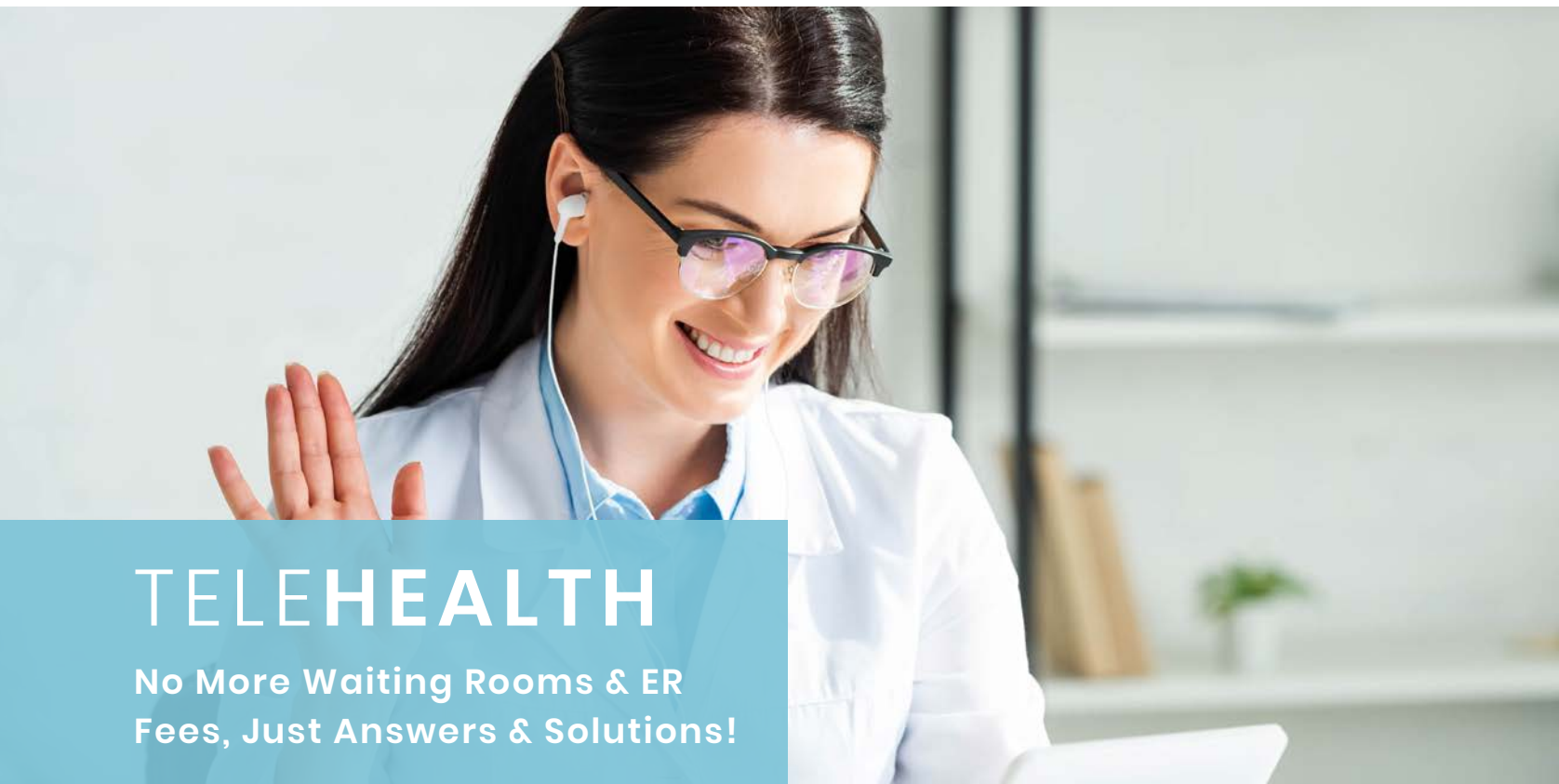
Hormone imbalance affects millions of women every day. We offer a safe and secure plan of care to solve these imbalances with customized bio-identical meds shipped direct to your door.

Who should consider Hormone Replacement Therapy?

Those who suffer from a hormone imbalance should seek advice at any time but typically, hormones start to decline in the mid-to-late twenties. By age 35 declines are sufficient that symptoms may be evident. The best time to start replacing hormones is between age 35 and 40. However, it is never too late.

The optimal age for treatment varies for each individual. Some are affected at a younger age due to adverse health conditions that impact hormone balance. Symptoms of andropause, perimenopause and menopause, which occur around middle-age are usually the reason that individuals seek treatment through hormone balance.

Many find it beneficial to have their hormones tested in their 20s or 30s and establish an optimal baseline of what their normal is. With an established baseline, you can take steps to monitor and maintain balanced hormones. In the event of an imbalance at any point, your physician may refer to your baseline and develop a treatment plan to restore an optimal baseline.



TELEHEALTH

No More Waiting Rooms & ER Fees, Just Answers & Solutions!

What It Does

Carelumina's Telehealth program gives members access to top quality healthcare and savings, wherever and whenever needed. Our program includes a network of U.S. board-certified doctors who are available to resolve medical issues by phone or online video, 24/7/365. Our doctors can diagnose, recommend treatment and write non-DEA controlled prescriptions.

Complete Coverage Support

Carelumina's Telehealth program gives you access to top quality healthcare and savings, wherever and whenever needed.

Our program includes a network of U.S. board certified doctors who are available to resolve medical issues by phone or online video, 24 hours a day, 7 days a week. Our doctors can diagnose, recommend treatment and write non-DEA controlled prescriptions.

In addition, Carelumina's Telehealth program includes special savings and discounts on health care needs, including prescriptions. Our Prescription Savings Card allows you and your family to pay a discounted fee at the point of service for both name-brand and generic prescriptions at widely recognized participating pharmacy locations nationwide, including independent and local neighborhood pharmacies.

Includes

- 24/7 Access to Doctors
- 24/7 Access to Psychologists
- U.S. Board-Certified Physicians
- Call Toll-Free Anytime, Anywhere
- Prescription Savings Card

Product Overview

Carelumina's Telehealth program is not insurance, but simply a better way for you to get the care you need quickly, easily and cost-effectively.

- No Inconvenient Doctors Office Visits
- No Wasting Time in Waiting Rooms
- No Expensive Copays or ER Fees
- Just the Answers and Treatment Needed

Secure & Easy To Use

Our platform is HIPAA compliant and very easy to use. You simply log into our Telehealth platform via a computer, tablet or smart phone and simply select phone or video consultation. Within minutes you are on your way to great healthcare. We are changing the way healthcare is performed.



Carelumina’s Telehealth program can be used for the following medical issues:

- Cold and flu symptoms
- Bronchitis
- Allergies
- Poison ivy
- Pink eye
- Urinary tract infection
- Respiratory infection
- Sinus problems
- Ear infection
- And more!

Medical Savings

Carelumina’s Telehealth program provides you with convenience and cost savings to traditional doctor and hospital visits. For one low monthly price you save time and money when needing medical care. A recent survey showed the value of a Telehealth program. If you didn’t have Telephone Access where would have you gone for care?

Urgent Care: 41.27%
 Primary Care:.....38.53%
 No Treatment:11.31%
 Emergency Room: 7.79%
 Specialist:11.8%

The Carelumina Telehealth platform is a fraction of the cost of Urgent Care, Primary Care and Emergency Room visits and what’s worse is not getting treatment at all. With today’s fast moving viruses and limited access to health systems it is important to identify and treat a potential problem before it becomes a major health issue.

My MD Access doctors can write prescriptions for the following medications:

- Amoxicillin™
- Augmentin™
- Azithromycin™
- Bactrim DS™
- Cipro™
- Diflucan™
- Flonase Nasal Spray™
- Pyridium™
- Prednisone™
- Tessalon Perles™

Healthcare on Your Time

Carelumina’s Telehealth platform is built for your convenience. No need to waste hours at the doctors office, urgent care facility or emergency room. You don’t have to leave work in order to consult with a physician.

With Carelumina’s Telehealth platform you get timely treatment – resulting in reduced workforce absenteeism, and decreased probability of spreading infections to other employees, friends or family members.

A study entitled, Treading Water: Americans’ Access to Needed Medical Care, showed that 81% of patients did not get Physician Care because of time and no immediate access to local care providers.

No Timely Appointment:33%
 After Hours:24%
 Couldn’t Get Doctor on Phone: ...12%
 Doctor Office To Far Away:12%



TECHNOLOGY SUPPORT

**Certified Techs Available
24/7, 365 Days a Year**

What It Does

Carelumina's Tech Support is a whole-home coverage plan that delivers help for you, your family members, and all the personal technology devices under your roof. This plan also includes a huge cloud-based data backup utility to help keep your personal data safe and secure.

Technology Support

With the speed and advancement of today's technology, online technical support is widely becoming a growing need for most consumers and small to mid-sized businesses. However, with the high cost of resources and growing complexity of converging technology, many users do not know where to turn for help.

Carelumina's Technology Support solution offers on-demand access to reliable technicians, valuable services and discounted products, so you can concentrate on your business, not lost productivity or revenue. We make Technology work for you.

Includes

- Unlimited 24/7 Phone or Internet Technical Support
- Secure Online Data Backup Software (100GB)
- BitDefender Internet Security + Antivirus / Antispyware Software
- Access to Self-Help Library
- Discounted In-Person Tech Services
- Best Practices Performance and Security Assessment

Features & Benefits

Remote Tech Support

Allows users to get technical problems resolved immediately and affordably, without having to visit a repair shop or call a technician.

Onsite Tech Support

For hardware repair or installation, Onsite Support is often the best solution. Customers are able to schedule an exact time & date for service calls.

Self-Help Database

Allows for "do-it-yourself" customers to quickly solve their own computer problems and improve their overall computer knowledge.

Best Practices Assessment

Designed to assess computer, network, & technology configurations, as well as technology goals, & provides users with optimization recommendations to improve their computing experience.

Antivirus / Anti-Spyware Software

Our solution protects users from over one million known computer viruses and guards against ever-growing cyber attacks.

Online Data Backup

Whether it's orders, invoices, contracts, inventory, or tax returns, your business relies on data. We help you protect this valuable property with easy to use secure, offsite, automatic backup services.

All Your Tech Needs In One Place, So You Can Save Big!

Online Data Backup

We offer a secure online backup service that is a reliable, secure and an automatic way to protect music, photos, videos, presentations, emails and other precious files. Protect against a theft, a hard drive failure, fire or even just an accidental user error. Online Data Backup eliminates this problem completely by providing a simple, secure and robust cloud based backup solution. Online Data Backup gives you the ability to access files on any computer. You can even access it on the go from your mobile device and if changes are made to any files, the updates will automatically be backed up. Online Data Backup takes it one step further by giving you the ability to share your files securely with those you wish, by providing access rights for a specific file, a folder of files, a photo album or a music catalogue.



Features:

- Keep files up to date on all computers
- Files are backed up automatically
- Peer-to-peer file sharing
- 250 GB of storage
- Access files anywhere, anytime from any device with an internet browser
- Encrypts all files to ensure they are secure
- Multiple computers

Online Data Backup

Carelumina's Technology Support solution wouldn't be complete without the very best in antivirus and internet security software. Bitdefender provides complete antivirus and anti-spyware protection as well as a software firewall, chat encryption, anti-spam protection and other valuable tools.

Features:

- Viruses
- Worms
- Spyware
- Hardware Loss
- Phishing
- Password Theft
- Trojans
- Data Theft

Onsite Tech Support

Our nationwide network has more than 14,000 A+/MCP/MCSE certified technicians that can be dispatched to virtually any geographic location in the U.S., including home or office locations. During the same business day technicians can identify, fix and repair almost any computer or technology issue. Onsite work is always performed with a 100% satisfaction guarantee.

Features:

- Data Recovery
- Wireless Network Installation
- New Computer Installation
- Memory Upgrade Installation
- HD TV Installation
- Broadband Repair or Install
- System Tune Up
- Printer Service
- Spyware Removal
- Handheld Device Support
- Software Training
- Server Support
- VOIP Support

Remote Tech Support

Leveraging the latest virtual support programs, Carelumina's premium Technology Support resolves most technical issues remotely in minutes. Available 24/7 our technicians are able to connect to the computer using a secure, encrypted connection. You can disconnect the technician at any time with a click of the mouse, and once a support session is terminated, our technicians cannot connect to the computer again without permission.

Features:

- Software Installation
- Operating System Issues
- PC Maintenance
- Digital Music Problems
- Printers/Scanners
- MS Office Issues
- Internet/Email Issues
- Virus/Spyware Removal
- Data Backup
- Diagnostics
- Handheld Devices



ROADSIDE ASSISTANCE

Dispatchers are available
24/7, 365 days a year!

What It Does

Carelumina's Roadside Assistance program offers progressive levels of emergency roadside service and other discount benefits designed to provide peace of mind and help to our members when they need it the most. For Breakdowns, Lockouts, Flat Tires, & More Help is Just a Phone Call Away! Our professional network of dispatchers is available 24 hours a day, 365 days a year, throughout the United States, Puerto Rico and Canada.

Emergency Roadside Assistance

Towing Service

Available through a toll free service number, Vehicle Towing provides you with 15 free miles of point-of-service towing upon vehicle break-down to a destination of your choice.

Car Won't Start

Our car-starting service is available to you, to provide a battery jump and/or minor roadside adjustments to start the car, even if it's in your own driveway.

Out of Fuel

Should you run out of fuel, an emergency fuel supply will be delivered to you immediately. You only pay for fuel at the current pump price.

Includes

- Emergency Roadside Assistance
- Locksmith Services
- Flat Tire Change
- Fuel Delivery Services
- Battery Jump Start
- Available 24/7/365
- Car Rental Discounts

Product Overview

- 24/7 Roadside Assistance
- New & Used Car Price Quotes
- Assistance Reimbursement
- Motorhome Rental Discounts
- 24/7 Dispatch Service
- Nationwide Gas Savings Locator
- Lock Out Service & Reimbursement
- Travel Guide & Information
- Hotel & Auto Rental Discounts
- Personalized Trip Planner

Lockout Service

If you or your spouse lock your keys in the car, or lose your keys, we will make arrangements to get your keys out of the car, or to replace the car lock.

Car Stuck

If your vehicle is stuck in a ditch, mud or snow, but is accessible from a normally traveled road, service will be given to tow or winch the vehicle.

Flat Tire

Flat tire repair service replaces your flat tire with your spare tire at the point of disablement. In addition, towing will be provided if the tire cannot be changed or a spare is unavailable.

ROADSIDE ASSISTANCE



Covered Benefits For You

New Car Price Quotes

This service removes the salesman from the car buying experience by providing you with price quotes for specific vehicle makes, models, styles, and colors in the comfort of your own homes, and without being upsold to more expensive models. In addition, our dedicated reps work with banks & finance companies to help members secure new vehicle financing.

Used Car Price Quotes

The Used Car Quotation service provides you with valuable used car analysis on trade-in, dealer, & private party vehicles, including average retail values of used cars based on their year, make, model, equipment and mileage. This information can be used to help make reasonable offers on used car purchases, or to help negotiate better trade-in rates.

Rental Car Discounts

The Rental Car Discount Program provides you with discounts of up to 15% off on pre-booked rental cars using our exclusive rate discount codes at most major rental car companies including National, Alamo, Avis, Budget, Dollar, Hertz, Fox, and Thrifty auto rental agencies, and at all participating locations in the United States, Canada and worldwide.

Personalized Road Trip Planner

You can create great road trips throughout the USA and Canada. You can use our personalized road trip planner to schedule travel stops, attractions, hotels, campgrounds, national parks and more. You will be able to plan your entire road trip before departing on an adventure. Knowing exactly where to go and what to expect will make your road trip an enjoyable and safe experience for your entire family.

Motorhome Rental Discounts

Motorhome Rental Discounts save you 10% off time and mileage charges at over 130 RV rental locations. Whether planning family vacations, cross-country moves, or trips to sporting events, Cruise America & Cruise Canada have a vast selection of compact, standard, and large vehicles to meet your needs.

Hotel Discounts

The Hotel & Vacation Rental discount program allows you to save up to 15% on over 975,000 hotel rooms in 22 countries, as well as over 68,000 other vacation rentals worldwide. Through our direct partnerships with the top names in the hospitality industry, you can travel smarter and cheaper by booking direct using our exclusive rate discount codes.



CREDIT MONITORING

Valuable Tools For Complete Awareness

What It Does

Take a proactive approach to protecting your credit! Carelumina's Credit Monitoring allows you to review your past credit history, check your current score, and plan for the future. Stay protected and let us help you keep an eye on your credit.

Why Choose Carelumina for Credit Monitoring?

Carelumina's Credit Monitoring programs offer a direct connection to the three major national credit bureaus as well as an innovative virtual tool set to provide you with the most complete and cost-effective offerings on the market today.

Features & Benefits

Identity Validation

You will undergo a validation process to confirm your identity prior to accessing credit data.

Full Access to Credit Reports

You will have access to tri-bureau and single bureau credit reports through the secure membership site. All reports obtained through the member site will be available for the life of your membership.

Includes

- Continuous Monitoring of Your Credit Report
- Real-time Alerts for Credit Data Changes
- Monthly Credit Score Updates
- Month to Month Credit Score Tracker
- Credit Score Simulator
- On-Demand Credit Report Savings

Our Comprehensive Package Allows You To:

- Validate your identity
- Monitor your credit
- Receive alerts when a change occurs
- Get single & tri-bureau reports
- Track your score over a period of time

Score Tracker

Our credit score tracker provides you with a clear and concise view of your credit score history over the lifetime of your membership.

Resource Center

The resource center gives you unlimited access to up-to-date credit articles and news reports to help educate you on the importance of a healthy credit



Covered Benefits For You

In the United States, a credit score is much more than a number – it's an important part of your ever day life. Lenders use credit scores to evaluate risk, so that one number can decide who qualifies for a loan, at what interest rate and under what limits. And not just banks use credit scores – mobile phone companies, insurance companies and government bodies also use similar methodologies to determine if a consumer becomes a customer.

Carelumina's Credit Monitoring solution monitors bureau activity and alerts you to any reported changes on your credit report. Opening a new line of credit, an addition of a delinquent account record, and even new address changes can be an indication of fraudulent activity. You need to know if another individual is acting on your behalf as soon as possible in order to limit the amount of damage done to your credit, which is what our Credit Monitoring solution is doing for you, 24 hours a day, 7 days a week.

In addition, our resource center gives you access to news, advice and financial planning tools to keep you informed of the latest credit information and best practices.

The Problem

Credit fraud is a problem affecting millions of Americans every year, with losses nearing half a trillion dollars for internet-related credit crimes alone. Fraud victims report an average of \$4,187 in financial losses per reported case, which doesn't account for the time and money spent investigating and recovering from the incident. Consumers are becoming increasingly aware of this growing threat and need to be educated on the importance of their credit records, what credit fraud is and how to protect themselves from becoming a victim.

Our Solution

Carelumina's Credit Monitoring programs offer you a one-stop solution for the credit information you need to become – and stay – an informed consumer. With every plan we offer, you can review your past credit history, check your current score and even use our resource center to get insight into what your credit could look like tomorrow.



IDENTITY PROTECTION

Carelumina Is Committed
To Protecting You!

What It Does

Carelumina is committed to protecting you and to helping you find a real solution for a growing problem. With Identity theft on the rise, we've developed a service to help safeguard your identity. When you use Carelumina's Identity Protection, you'll be alerted immediately if any suspicious activity occurs. The faster you catch a thief, the less damage they can do.

Complete Coverage Support

Carelumina's Identity Theft Protection programs all include 24/7 support, so you can take action from anywhere, anytime. In the event of theft, victims are appointed an ICFE Certified restoration specialist to restore your identity to pre-theft status.

All of our Identity Theft Protection programs include a REAL insurance policy, which insures you up to \$1 Million against lost wages, attorney's fees and other costs associated with recovering from identity theft.

Also included is Bitdefender Internet Security Plus, the award winning anti-virus and internet security software. Bitdefender features a cutting-edge security system, Active Virus Control, which constantly monitors all PC processes, blocking any malicious behavior before it can cause damage.

Includes

- Personal Data Misuse Monitoring & Alerts
- \$1 Million Identity Theft Insurance (\$0 Deductible)
- Full-Service Identity Restoration Services
- Live 24/7 Lost Wallet Assistance
- BitDefender Internet Security + AntiVirus / AntiSpyware Software
- Change of Address Monitoring & Alerts
- Social Security Monitoring & Alerts
- Identity Protection Resource Center

A Proactive Approach to a Security Issue

Identity theft is the fastest growing crime in America. We provide you with the tools you need to protect yourself against the relentless efforts of identity thieves. Carelumina's Identity Theft Protection programs offer a 360-degree approach to the problem: protection, detection and restoration.

Provides

- Advanced Identity Monitoring
- Real-time & Monthly Fraud Alerts
- 24/7 Lost Wallet Assistance
- Full-service Identity Restoration
- \$1 Million Identity Theft Insurance
- Anti-virus/Anti-spyware Software



A Real Problem, A Real Solution

Once every four seconds, someone becomes a victim of identity theft. The most recent data from the Identity Theft Resource Center (ITRC), which conducts extensive research and reporting on these types of crimes, estimates that out-of-pocket expenses related to identity theft have risen to more than \$4,800 per incident, plus \$16,000 in lost wages.

Apply for jobs and tax benefits Carelumina's Identity Theft Protection provides you with an answer to this threat. Many of today's consumers are aware of the growing threat of identity theft and are concerned about how to protect themselves. Carelumina's Identity Theft Protection gives your company the opportunity to provide them with an answer to this threat.

Every identity theft protection membership includes the core services that are vital to safeguarding your private information. We provide authoritative coverage with a range of proactive monitoring solutions and send alerts to you when any activity is detected. Early detection of suspicious activity is the best defense against identity thieves

A single stolen identity can be used repeatedly to:

- Open new credit accounts
- Hijack existing benefit and
- Healthcare accounts
- Empty bank accounts
- Apply for jobs and tax benefits

Our Guarantee

If the worst happens, and you become the victim of identity theft while covered by Carelumina's Identity Theft Protection, we will restore your identity and any related credit accounts to pretheft status. No limits, no fine print, no "million dollar service guarantee."

In addition, if you suffer any covered out-of-pocket expenses as a result of a breach, you're covered by a real insurance policy that will put money in your hands for qualified losses. We strongly encourage you to compare these statements to our competition to appreciate the true Carelumina difference.

